Tufts Health Plan Foundation Logic Model: Healthy Living with an Emphasis on Older Adults
Serving the Most Vulnerable Communities

**Inputs**
Community investments of time and resources; Foundation staff time and expertise; meaningful involvement from older adults; existing research; convening and collaborations; support from philanthropy; public/private partnerships

**Systems and Best Practices**

*Health and Wellness Programs*
Evidence-based/evidence-informed programs

*Workforce Development*
Skills training and job placement

*Purposeful Engagement*
Intergenerational, volunteer and related programs that address social isolation

*Field/Capacity Building*
Technical assistance and training; building nonprofit capacity; leveraging encore careers/paid service work to support nonprofits with healthy living focus; caregiver support

*Policy and Advocacy*

*Community/Civic Engagement*
Engaging diverse stakeholders in communities around issues related to healthy aging; supporting planning, policy and advocacy initiatives

*Access*
Transportation; information, public awareness and outreach

**Outputs**

*Improved health, strength and mobility of older adults increase independence*

*Increased caregiver knowledge and supports lead to better health*

*Improved civic and social participation and social support lead to better health and well-being*

*Accessible and affordable transportation increases civic and social participation and access to community and health services*

*Awareness, education and intergenerational programs lead to greater respect and social inclusion*

*Improved nonprofit capacity addresses community needs*

*Expanded best practices and scaled models lead to sustainability and inclusion of program participants*

*Improved policies/practices support healthy aging in communities*

*Convened, supported and expanded collaborations lead to systems/service improvement*

*Engaged stakeholders lead to improved well-being of communities and older adults*

**Impact**
Healthy communities as defined by WHO age-friendly city framework

Footnote: WHO's age-friendly city domains