



2019 Community Investments

Collaboration and Community Engagement

supporting community leaders in their work with multiple stakeholders toward a common goal

- [Elder Services of the Merrimack Valley, Inc.](#) (Lawrence, Mass.)
Building a New England Network for Evidence-Based Healthy Aging Programs
To increase quality of and access to evidence-based programs, including falls prevention, chronic disease management, depression management, nutrition and caregiver programs. Three-year grant for \$300,000.
- [New Hampshire Alliance for Healthy Aging \(AHA\)](#) (Concord, N.H.)
Strengthening the NH Alliance for Healthy Aging's Communication Capacity
To engage with AHA participants and communities effectively. The Institute on Disability of the University of New Hampshire works statewide and serves as the fiscal agent for the New Hampshire Alliance for Healthy Aging. Three-year grant for \$175,000.

Systems and Best Practices

supporting nonprofit organizations working to improve or build systems to support healthy living, collaborate to achieve broader impact, and scale efforts to address community needs

- [Alzheimer's Disease and Related Disorders Association, Inc.](#) (Waltham, Mass.)
Building Community Engagement through Faith Outreach
To build a diverse faith-based volunteer corps and increase programming and services in diverse and underserved communities. Two-year grant for \$180,000.
- [Blue Hills Community Health Network Alliance \(CHNA 20\)](#) (Quincy, Mass.)
Blue Hills Regional Coordinating Council
To pilot a regional community transportation program in Randolph, Hull and Quincy that addresses gaps in services available to older people. Two-year grant for \$108,000.
- [Cooperative Alliance for Seacoast Transportation \(COAST\)](#) (Dover, N.H.)
Alliance for Community Transportation (ACT)
To increase transportation access by improving ACT's efficiency, making services more consistent and developing a universal rider application. Three-year grant for \$43,489.
- [Growing Places](#) (Leominster, Mass.)
Winchendon Community Food Project for Healthy Aging
To develop a hub-and-spoke food distribution model that increases the availability of healthy food in Winchendon, Mass., and six surrounding towns. Three-year grant for \$103,281.

- [Honoring Choices Massachusetts](#) (Weston, Mass.)
Strategy for Region's End-of-Life Movement
To support revising their volunteer team structure and to develop a strategy for sustaining the end-of-life movement in Massachusetts and the broader New England region. One-year grant for \$25,000.
- [Horace Mann Educational Associates](#) (Franklin, Mass.)
Smart Data for Better Health Care
To build and pilot an electronic information system and convene a learning community to improve collaboration among community organizations and health care providers serving older people with intellectual and developmental disabilities. One-year grant for \$34,991.
- [Jewish Family & Children's Service](#) (Waltham, Mass.)
Building Cultural/Linguistic Capacity in Dementia Friends Massachusetts
To engage four linguistically and culturally diverse communities with high dementia prevalence and/or low access so they have access to Dementia Friends programming. Two-year grant for \$50,000.
- [MAB Community Services, Inc.](#) (Brookline, Mass.)
Ensuring Access for Seniors with Vision Loss and Other Disabilities
To integrate vision rehabilitation and care into healthy aging models through four pilot communities: Boston, Framingham, Lawrence and Springfield. Three-year grant for \$130,000.
- [Old Colony YMCA](#) (Brockton, Mass.)
Healthy for Life
To develop a community health model aligning services and programs provided by both clinical and community-based providers. Three-year grant for \$180,000.
- [Public Health Institute of Western Massachusetts](#) (Springfield, Mass.)
LiveWell Springfield Coalition – Age-Friendly City Project
To create and implement an action plan to address housing and transportation needs of older people in Springfield, Mass. Two-year grant for \$198,998.
- [Rhode Island Parent Information Network](#) (Cranston, R.I.)
Piloting a Sustainable Payment Model for Rhode Island's Evidence-Based Programs
To increase evidence-based program participation among older people while building the infrastructure for a statewide sustainable payment model. Two-year grant for \$170,000.
- [Rhode Island Public Health Institute](#) (Providence, R.I.)
"Food on the Move" – Improving Sustainability
To expand "Food on the Move" mobile markets to a new site and conduct a pilot study to document the impact of healthier eating behaviors on older people. One-year grant for \$95,000.
- [Saint Elizabeth Community](#) (Warwick, R.I.)
Support and Services at Home (SASH)

To expand the Support and Services at Home (SASH) model for supportive housing of older people to three, non-Saint Elizabeth Community-managed sites in Rhode Island. One-year grant for \$50,000.

- [The Open Door](#) (Gloucester, Mass.)
Medically Tailored Groceries for Seniors Program
To run a pilot program that helps older people with chronic illness and food insecurity manage their health through medically tailored groceries. One-year grant for \$60,000.

Momentum Fund

one-year mini-grants supporting promising solutions promoting healthy aging

Connecticut

- [Center for Food Equity and Economic Development - CCEB](#) (Bridgeport, Conn.)
Healthy Connections
To support programming to reinvent food pantries as community gathering places where older people receive emotional support, health-supportive foods and strategies for stretching limited resources. One-year mini-grant for \$10,000.
- [LiveWell Alliance, Inc.](#) (Bridgeport, Conn.)
Memory Cafés
To develop a program to establish, support and sustain a memory café network. One-year mini-grant for \$10,000.
- [Naugatuck Valley Project, Inc.](#) (Waterbury, Conn.)
Intergenerational Housing Project
To recruit and train a diverse committee across the 14 cities and towns of the Naugatuck Valley to support the development of intentional, intergenerational, affordable housing. One-year mini-grant for \$10,000.
- [New Britain ROOTS, Inc](#) (New Britain, Conn.)
Food is Love Project
To bridge youth and older people through three programs: Garden Building, Cooking Lessons, and Healthy Food Access. One-year mini-grant for \$9,350.
- [Nunnawauk Meadows](#) (Newtown, Conn.)
Gracefully Growing into the Future- Mind over Matter
To make Nunnawauk an easily accessible community to both residents and visitors to promote socialization, nutrition and active lifestyles, including installing benches throughout the grounds and offering educational programming for older people. One-year mini-grant for \$10,000.
- [The Children's Community Programs of CT, Inc.](#) (New Haven, Conn.)
Needs Assessment
To conduct a needs assessment in the Greater New Haven area to identify service needs and gaps for grandparents who care for grandchildren or other relatives. One-year mini-grant for \$10,000.

- [The Towers Foundation](#) (New Haven, Conn.)
Klaatch Model
To engage a training and support model called Klaatch to reduce loneliness in low-income and minority older adult communities. One-year mini-grant for \$10,000.
- [United Way of Western Connecticut Inc](#) (Danbury, Conn.)
Age Well CT Ambassador Program
To launch an ambassador program to help demystify and destigmatize the process of food access for Danbury's older adults. United Way of Western Connecticut is serving as the fiscal agent. One-year mini-grant for \$10,000.
- [Western Connecticut Area Agency on Aging](#) (Waterbury, Conn.)
CONNECTIONS to Live Well Together
To expand Live Well workshops to Naugatuck, Watertown, Thomaston, Torrington and Winsted. One-year mini-grant for \$10,000.
- [Yoga4Change Inc.](#) (Hamden, Conn.)
Curriculum Design
To develop and pilot an evidence-informed curriculum at five partner sites that will expand the accessibility of yoga and mindfulness to include diverse older people. One-year mini-grant for \$9,880.

Massachusetts

- Dorchester Neighbors (Dorchester, Mass.)
Create a Village in Dorchester
To pilot services to Portuguese, Haitian, Spanish and Vietnamese residents living in the Lower Mills-Ashmont and Bowdoin/Geneva neighborhoods of Dorchester. One-year mini-grant for \$10,000.
- [Greater Boston Chinese Golden Age Center Inc.](#) (Boston, Mass.)
Memory Café for Asian Seniors
To support a memory café to be conducted in Chinese for elders and their caregivers. One-year mini-grant for \$10,000.
- [Lynn Shelter Association](#) (Lynn, Mass.)
Art Therapy Program
To offer weekly art therapy groups designed for adult clients experiencing homelessness in emergency shelter over age 50 to address their unique needs and support them on their path out of homelessness. One-year mini-grant for \$10,000.
- [Minuteman Senior Services](#) (Bedford, Mass.)
Change of Condition Report Project
To launch enhanced training for Meals on Wheels volunteers to help them identify potentially dangerous observable social determinants of health. One-year mini-grant for \$10,000.
- [Montachusett Enterprise Center, Inc.](#) (Leominster, Mass.)

Becoming an Age-Friendly Montachusett Region

To educate three pilot Montachusett communities about age-friendly designation. One-year mini-grant for \$10,000.

- [Our Neighbors' Table](#) (Amesbury, Mass.)
Using SNAP to increase Senior Food Security
To test new methods to increase SNAP enrollment outreach and coordination for seniors in target communities. One-year mini-grant for \$10,000.
- [Project Citizenship](#) (Boston, Mass.)
Citizenship Services for Older Clients
To support outreach to older and disabled older adults, informing them about the benefits, process and services available regarding U.S. citizenship. One-year mini-grant for \$10,000.
- [Watertown for All Ages](#) (Watertown, Mass.)
Transportation Initiative for Seniors – Phase II
To pilot a program with Transportation Network Companies (TNCs), including providing education to older people about using TNCs. One-year mini-grant for \$10,000.
- [WestMass ElderCare](#) (Holyoke, Mass.)
Cuidadores Unidos (Caregivers United)
To expand support to Cuidadores Unidos, a Spanish-speaking caregivers support group, on initiatives including a Spanish-speaking memory café and a series of lectures and trainings. One-year mini-grant for \$9,850.
- [YMCA of Martha's Vineyard](#) (Vineyard Haven, Mass.)
Exercise Your Heart in More Ways than One
To create a diverse network of volunteers, ambassadors and professionals to expand affordable and free programs. One-year mini-grant for \$10,000.

New Hampshire

- [Amoskeag Health](#) (Manchester, N.H.)
Integrated Geriatric Care Program to Stay Healthy Longer
To support an integrated geriatric care management program for older adults in the Greater Manchester area. One-year mini-grant for \$10,000.
- [Concord Community Television](#) (Concord, N.H.)
Let's Get Out and About
To create a five-segment series spotlighting community and civic organizations' work to address age, disability and dementia in their programs. One-year mini-grant for \$10,000.
- [Friends Forever Inc](#) (Durham, N.H.)
Elder & Youth Collaborative Program Design
To develop a curriculum for elder and youth program integration that can be used by assisted living facilities in New England. One-year mini-grant for \$10,000.

- [Gibson Center for Senior Services](#) (North Conway, N.H.)
MWV Age-Friendly - Directory of Volunteer Opportunities
To develop a detailed online directory that connects older people with volunteer opportunities at a variety of community groups serving older people. One-year mini-grant for \$10,000.
- [Grafton County Senior Citizens Council, Inc.](#) (Lebanon, N.H.)
Experience/Arts in Underserved Communities
To expand Experience/Arts courses to additional low- to moderate-income clients in Lincoln-Woodstock and Newfound. One-year mini-grant for \$10,000.
- [MWVADC Memorial Elder Health Services, Memorial Hospital](#) (North Conway, N.H.)
Dementia Destigmatized
To launch a dementia-friendly community resource center that aligns with Mt. Washington Valley's designation as an Age-Friendly Community. One-year mini-grant for \$10,000.
- [Seacoast Village Project](#) (New Castle, N.H.)
Build an engaged and sustainable volunteer base
To support the recruitment and vetting of older adult service volunteers to support the development of a hub-and-cluster network of villages along the Seacoast. One-year mini-grant for \$10,000.
- [Southern District YMCA/Camp Lincoln Inc](#) (Exeter, N.H.)
Senior Prescribe the Y
To launch a Prescribe the Y program for older people that builds on relationships with Exeter Hospital and Lamphrey Health Care. One-year mini-grant for \$10,000.
- [TASC \(Transportation Assistance for Seacoast Citizens\)](#) (Hampton, N.H.)
Peer Mentoring
To support the recruitment of younger-older adults as volunteers to connect non-driving older adults with service supports and social activities. One-year mini-grant for \$8,050.
- [The Granite YMCA](#) (Manchester, N.H.)
Increasing Access to Critical Health and Wellness Programs
To increase older people's access to two of the Y's evidence-based programs by bringing the courses to participants where they live. One-year mini-grant for \$10,000.

Rhode Island

- [Cranston Senior Services](#) (Cranston, R.I.)
Raising Awareness
To offer dementia-awareness presentations and workshops; develop a series of training videos for employee training programs; produce and film a three-part series for the department's cable TV program 55+; and meet with school personnel about raising awareness among city's youth. One-year mini-grant for \$10,000.
- [Family Service of Rhode Island](#) (Providence, R.I.)
Ageing Creatively: Building Community and Fighting Stigma Through Art

To hold social gatherings for older people living with HIV featuring client-suggested and/or client-led expressive arts programming. One-year mini-grant for \$10,000.

- [Healthcentric Advisors](#) (Providence, R.I.)
Self-Measured Blood Pressure Monitoring Project
To launch a self-measured blood pressure monitoring project to reach minority and lower-income older people and improve uncontrolled hypertension. One-year mini-grant for \$9,993.
- [Hope's Harvest Rhode Island](#) (Pawtucket, R.I.)
Sharing the Bounty with Aging Rhode Islanders in Need
To support a planning phase and small pilot for older people to rescue fresh produce from R.I. farms. Farm Fresh Rhode Island is serving as the fiscal agent. One-year mini-grant for \$9,022.
- [LMW Healthcare, Inc.](#) (Westerly, R.I.)
Age Friendly Westerly Action Team
To create a series of short, educational videos for older people for broadcast on local channels and social media. One-year mini-grant for \$10,000.
- [Meals on Wheels of Rhode Island, Inc.](#) (Providence, R.I.)
Seniors Serving Seniors
To promote volunteerism among older adults to assist service organizations for older people, supporting the goals of the Office of Healthy Aging and Age-Friendly R.I. One-year mini-grant for \$10,000.
- [Progreso Latino, Inc.](#) (Central Falls, R.I.)
Siempre Contigo-Creating a Dementia Friendly Central Falls
To implement elder-led initiatives which address the needs identified in the recent needs assessment, including spearheading a bilingual/bicultural support group named "Siempre Contigo" ("Always With You"). One-year mini-grant for \$10,000.
- [Rhode Island Community Food Bank](#) (Providence, R.I.)
Pilot Project: Increasing access to food for low-income seniors
To expand on-site food assistance program for older people, changing delivery mechanism to a market-type mobile pantry. One-year mini-grant for \$10,000.
- [SAGE-RI](#) (Providence, R.I.)
Building Community with LGBT Seniors
To hold focus groups of older LGBT people to discuss needs and desires for services and community involvement. One-year mini-grant for \$9,985.
- [The Providence Village of Rhode Island](#) (Providence, R.I.)
Developing New Villages in Rhode Island
To develop new villages within The Village Common, with a focus on diverse, lower-income populations. One-year mini-grant for \$10,000.

40 for 40

one-time grants distributed in honor of Tufts Health Plan's 40th anniversary and its longstanding tradition of giving back to community, supporting nonprofit organizations focused on health equity and the social determinants of health

Connecticut

- [Agency on Aging of South Central Connecticut](#)
- [Center for Latino Progress](#)
- [Center for Medicare Advocacy](#)
- [Connecticut Community Care](#)
- [Connecticut Community of Addiction Recovery \(CCAR\)](#)
- [Connecticut Food Bank](#)
- [End Hunger Connecticut](#)
- [Health Equity Solutions](#)
- [Hispanic Alliance of Southeastern Connecticut](#)
- [North Central Area Agency on Aging](#)
- [Senior Resources Agency on Aging](#)
- [Southwestern CT Agency on Aging and Independent Living](#)
- [Western Connecticut Area Agency on Aging](#)

Massachusetts

- [Enlace de Familias/Holyoke Family Network](#)
- [Family and Children's Service of Greater Lynn](#)
- [Friendly House](#)
- [Health Imperatives](#)
- [Latino Health Insurance Project](#)
- [Massachusetts Immigrant and Refugee Advocacy Coalition](#)
- [Massachusetts Society for the Prevention of Cruelty to Children](#)
- [Operation A.B.L.E.](#)
- [Square One](#)
- [St. Francis House](#)

New Hampshire

- [CATCH Neighborhood Housing](#)
- [Families in Transition - New Horizons](#)
- [Granite State Organizing Project](#)
- [Marguerite's Place](#)
- [New Futures](#)
- [New Hampshire Food Bank](#)
- [North Country Health Consortium](#)
- [Seacoast Family Promise](#)
- [TLC Family Resource Center](#)
- [Welcoming New Hampshire](#)

Rhode Island

- [Children's Friend](#)
- [Clinica Esperanza](#)
- [Connecting for Children and Families \(Woonsocket\)](#)
- [Crossroads](#)
- [Friends Way](#)
- [Rhode Island Community Food Bank](#)
- [Rhode Island for Community and Justice](#)
- [Rhode Island Free Clinic](#)
- [Rhode Island Kids Count](#)
- [Sojourner House](#)